

# TELEHEALTH 101 - TERMINOLOGY

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## CENTER FOR CONNECTED HEALTH POLICY (CCHP)

is a non-profit, non-partisan organization that seeks to advance state and national telehealth policy to promote improvements in health systems and greater health equity.

# DISCLAIMERS

- **Any information provided in today's talk is not to be regarded as legal advice. Today's talk is purely for informational purposes.**
- **Always consult with legal counsel.**
- **CCHP has no relevant financial interest, arrangement, or affiliation with any organizations related to commercial products or services discussed in this program.**

# TELEHEALTH STATE-BY-STATE POLICIES, LAWS & REGULATIONS

The screenshot displays the website's navigation bar with options for 'CURRENT STATE LAWS & POLICIES' and 'LEGISLATION & REGULATION TRACKING'. The main navigation includes 'ABOUT', 'TELEHEALTH POLICY', 'RESOURCES', and 'CONTACT'. A search bar is located on the right. Below the navigation, a text block explains the site's purpose: 'CCHP helps you stay informed about telehealth-related laws, regulations and Medicaid programs. The map and search options allow you to view current telehealth laws and regulations for all fifty states and the District of Columbia. To view the full report, visit the 50 State Report PDF.' The central feature is the 'Interactive Policy Map', which shows a map of the United States with state boundaries. A legend at the bottom indicates that orange shading represents 'Policy Exists/Explicitly Allowed' and grey shading represents 'No Policy Exists or Not Explicitly Allowed'. A search filter panel on the left allows users to search by filter (All 50 States & D.C., All Categories, All Topics) and by keyword. An 'APPLY' button is present, and the data is noted as 'Data Last Updated Oct 29, 2018'. A 'CITE CCHP' button is also visible next to the map.

## Search by Category & Topic

### Medicaid Reimbursement

- Live Video
- Store & Forward
- Remote Patient Monitoring Reimbursement

### Private Payer Reimbursement

- Private Payer Laws
- Parity Requirements

### Professional Regulation/Health & Safety

- Cross-State Licensing
- Consent
- Prescribing
- Misc (Listing of Practice Standards)

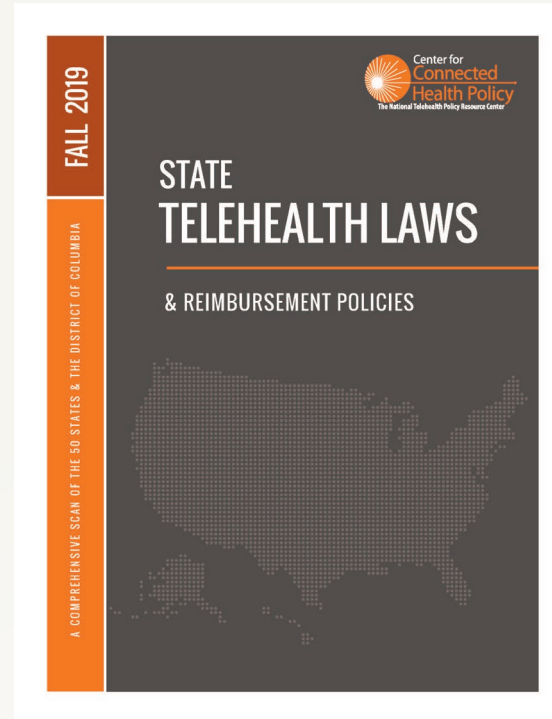
# ABOUT CCHP

- Established in 2009
- Program under the Public Health Institute
- Became federally designated national telehealth policy resource center in 2012 through US Dept of Health & Human Services, Health Resources and Services Administration



# CCHP PROJECTS

- 50 State Telehealth Policy Report
- Administrator National Consortium of Telehealth Resource Centers
- Convener for California Telehealth Policy Coalition



# TELEHEALTH VS. TELEMEDICINE

## WHAT'S THE DIFFERENCE BETWEEN TELEHEALTH & TELEMEDICINE?

- Often used interchangeably may have different means depending on where you are and who is covering/paying for your health services.
- Telemedicine typically means the provision of direct health care services to a patient
- Telehealth is broader in that it can cover other types of activities such as education, public health, provider-to-provider interactions
- Some states have a legal definition for the term they use and some states use both terms to mean different things



# THE TERMS



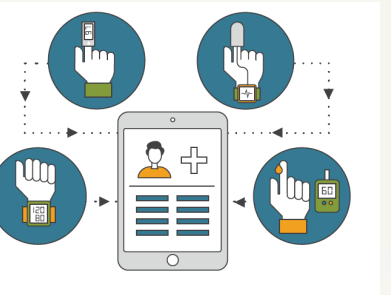
## The Originating Site

Where the patient/client is located during the interaction



## The Distant Site

Where the provider is located during the time of the interaction



## Modality

The way the service is provided

# HOW CAN YOU RECEIVE SERVICES VIA TELEHEALTH (MODALITY)?



## Live Video

Real-time interaction via video



## Store & Forward

Capture & sending of information; not in real-time. Ex: photos



## Remote Patient Monitoring

Continuous monitoring of patient's condition from a distance; real-time or not in real-time



# HOW CAN YOU RECEIVE SERVICES VIA TELEHEALTH (MODALITY)?



## Telephone/Audio-Only

Something new with COVID-19 many states and programs did not include telephone/audio-only in their definition of “telehealth” or “telemedicine” pre-COVID-19

# OTHER TERMS

E-consult

E-Visit

Virtual Check-In

Telementalhealth



# WHO DECIDES WHETHER I CAN RECEIVE SERVICES THROUGH TELEHEALTH?

**Providing and receiving services via telehealth is not illegal. There are certain laws and regulations you have to follow for some things such as when and what you can prescribe and if you need to be licensed to practice in a state, but the big question is whether a telehealth-delivered service will be paid/covered (reimbursed).**

# THE PAYERS

- **The entity that pays for your health care**
  - **Medicare**
  - **Medicaid**
  - **Commercial health plan**
    - **Employer plan**
    - **Health insurance you purchase**
  - **Out-of-pocket/You**



# Thank You!

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